PHOTOSHOP TUTORIAL: DIGITAL DARKROOM TECHNIQUES

STEP BY STEP TRAINING

Learn by doing step by step exercises. Includes downloadable class files that work on Mac & PC.

EDITION 1





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Exercise Preview



Exercise Overview

In this exercise you'll transform an ordinary photo into something more memorable with a sense of magical light, subtle organic/painterly textures, and threedimensionality through tonal and color changes, as well as selective focus.

Getting Started

NOTE: These instructions were written for Photoshop CC 2017 but should work the same or similarly in recent versions of Photoshop.

- 1. To download the files you'll use in this exercise, go to: nobledesktop.com/goodies
- 2. Under **Photoshop Digital Darkroom Techniques**, click the **Class Files** button to download the compressed files.
- 3. Once the file is downloaded and uncompressed you should have a folder named **DigitalDarkroomFiles** containing two images: **bbq.psd** and **bbq-finished.jpg**.
- 4. In Photoshop, go to **File > Open**.
- 5. Navigate to the DigitalDarkroomFiles folder and open bbq-finished.jpg.

This is a flattened version of how the finished image will look.

- 6. Close it after you've had a good look.
- 7. Go to File > Open.
- 8. From the DigitalDarkroomFiles folder, open bbq.psd.
- 9. Choose View > Fit on Screen to make the photo fill the screen.

Adding Selective Focus by Blurring Shadows & Highlights

- To select the top half of the image's histogram (midtones through highlights), press Cmd-Option-2 (Mac) or Ctrl-Alt-2 (Windows).
- 2. We want the bottom half of the histogram (shadows through midtones), so invert the selection by hitting **Cmd–Shift–I** (Mac) or **Ctrl–Shift–I** (Windows). That's the letter i, not a 1.
- Duplicate only the selected pixels to a new image layer by pressing Cmd–J (Mac) or Ctrl–J (Windows) (or choosing Layer > New > Layer Via Copy).
- 4. Name the new layer **blurred shadows**.
- 5. With the new layer selected, go to Filter > Blur > Gaussian Blur.
- 6. Set the Radius to 2 to make a soft halo around the shadows.
- 7. Click **OK**.
- 8. To intensify the effect, change the layer's blending mode from **Normal** to **Overlay** (at the top left of the **Layers** panel).
- Some of the shadows have become too dark. Choose Layer > Layer Mask > Reveal All to add a layer mask to the blurred shadows layer.
- 10. Choose the **Brush** tool (press **B** to select the tool).
- 11. To bring back some of the lost shadow details, paint **black** (with a soft brush) to hide the blurred shadow areas where you want to preserve sharpness (e.g., around the "WEBER" letters on the foreground wheel and other areas of fine detail). Use the example below as a rough guideline.



12. Lets do the same type of selective blurring for the highlights. Hide the **blurred shadows** layer.

- 13. Press **Cmd–Option–2** (Mac) or **Ctrl–Alt–2** (Windows) to select the top half of the image's histogram.
- 14. Select the **Background** layer.
- 15. Hit Cmd-J (Mac) or Ctrl-J (Windows) to copy the selected pixels to a new layer.
- 16. Name the new layer **blurred highlights**.
- 17. Move the **blurred highlights layer** so it's the top layer.
- 18. With the new layer selected, choose Filter > Blur > Gaussian Blur.
- 19. Set the Radius to 2 and click OK.
- 20. To slightly lessen the overall effect, reduce the layer's **Opacity** to **80%**.
- 21. Choose Layer > Layer Mask > Reveal All to add a layer mask to the blurred highlights layer.
- 22. Show the **blurred shadows** layer.
- 23. Select the **blurred highlights** layer mask.
- 24. Use the **Brush** tool with **black** paint to hide the blurring in areas where you want to preserve sharpness. Using the example below as a rough guideline, we suggest keeping the background elements blurred (wooden deck, wall, door) to effectively make the sharp foreground elements stand out.



Why Two Blur Layers?

Splitting the blur across two layers gives us more creative control (we can independently change opacity and blend modes). If both layers are the same opacity and blend mode, the entire image would be blurred equally (so we would not need two different layers).

Re-Interpreting the Overall Colors in the Image

- 1. Select the topmost layer.
- 2. Choose Layer > New Adjustment Layer > Color Balance.
- 3. Name it overall color and click OK.
- 4. In the Properties panel, set the following:
 - Change the Tone menu to Shadows and enter these 3 values: +4, 0, +22
 - Change the Tone menu to Midtones and set them to +29, -4, -11
 - Set Highlights to +13, 0, -41
 - Make sure Preserve Luminosity is checked.

NOTE: Why are we using Color Balance (as opposed to Curves, Levels, etc.)? We felt the visual feedback of its sliders make it easier for people to learn, and it gives us enough control. Curves could do the same type of adjustment, and can even give us some additional control, but it's not as intuitive when getting started.

 The layer mask thumbnail of the color balance layer you just added should currently be selected. To add some texture to this adjustment layer's mask, choose Filter > Noise > Add Noise and set the following:

Amount: **50%** Distribution: **Gaussian**

- 6. Click OK.
- 7. Let's make the texture more subtle and organic. Go to Filter > Filter Gallery.
- 8. Choose Brush Strokes > Angled Strokes and set:
 - Direction Balance: **75** Stroke Length: **33** Sharpness: **1**
- 9. Click OK.

Giving the Greenish Wall & Slate a More Interesting Color

1. Select the **Background** layer (otherwise the selection we are about to make could accidentally alter the mask of another layer).

- Selecting the slate floor slab and the wall slats (without selecting much of the floor planks) will be a bit tricky because the floor planks are a similar color. Go to Select > Color Range and:
 - Set Fuzziness to 48.
 - Click the eyedropper on the green door in the upper left corner.
 - Hold **Shift** and click the eyedropper on the slate floor and the wall slats to the right of the grill. **Shift-click** in additional places as needed. This selection won't be perfect, but we'll adjust it manually next.
- 3. Click OK.
- 4. Double–click the **Quick Mask Mode** button at the bottom of the Toolbar to bring up the Quick Mask Options.
- 5. Set Color Indicates to Selected Areas and click OK.
- You should now be in Quick Mask Mode. If not, click the button to switch into Quick Mask Mode.
- 7. Choose the **Brush** tool
 - Paint white over any shadow areas of the grill (to remove it from the selection).
 - Paint **black** over any wall or slate areas (to add it to the selection).
 - Paint **50% gray** on the wood flooring so it will be partially selected. Use the example below as a rough guideline for the selection.

NOTE: As you paint you won't see white and black, you'll see the original image (not selected) or a color overlay (will be selected).

In the simplified example below, the **black** indicates **selected** areas, the **white** indicates **deselected** areas, **gray** is **partially selected**. (Your selection won't be as clean as this simplified example.)



- 8. Press **Q** to exit Quick Mask Mode.
- 9. Select the topmost layer.
- 10. Choose Layer > New Adjustment Layer > Color Balance.
- 11. Name the adjustment green slate, door, wall and click OK.
- 12. In the Properties panel, set the following:
 - Shadows to +5, +3, 0
 - Midtones to +2, +23, 0
 - Highlights to -4, +8, 0
 - Make sure Preserve Luminosity is checked.

Punching Up the Reds Latent in Bowl, Tools, & Rust on Lower Grill Bars

- 1. Press P to select the Pen tool Ø.
- 2. In the **Options** bar at the top, choose the **Path** option as shown below. Instead of making a Shape Layer, this will create a path that we'll later turn into a selection.



- 3. Draw a path to encompass the bowl.
- 4. In the Paths panel, double-click the Work Path and rename it red bowl for later use.
- 5. With the **red bowl** path highlighted, at the top right of the **Paths** panel go into the **panel menu** and choose **Make Selection**.
- 6. Set the following:
 - Feather Radius: 2 pixels
 - Check on Anti-aliased (to soften the edge of the selection slightly).
- 7. Click **OK**.

- 8. Press Q to enter Quick Mask Mode and:
 - With a medium-size brush set at low opacity, paint **black** (gray) over rusty parts of the tools. Refer to the example below as a rough guideline.
 - With a small brush set at 50% opacity, **click** and then **Shift-click** on the struts to add them to the selection. Refer to the example below as a rough guideline.



- 9. Press Q to leave Quick Mask Mode.
- 10. Choose Layer > New Adjustment Layer > Color Balance.
- 11. Name the adjustment reddish bowl, tools, & struts and click OK.
- 12. In the **Properties** panel, set the following:
 - Shadows to +21, -3, -7
 - Midtones to +35, -10, -17
 - Highlights to +10, -13, -20
 - Make sure **Preserve Luminosity** is checked.

Brightening Some Elements

We want to add more emphasis to parts of the grill by brightening the red bowl, struts, foreground wheel's whitewall, and shadow sides of the hanging tools.

1. Press Q to enter Quick Mask Mode.

2. Using the example below as a rough guideline, paint **black** (to select) over the bowl, tools, and wheels.



- 3. Press Q to leave Quick Mask Mode.
- 4. Choose Layer > New Adjustment Layer > Curves.
- 5. Name the adjustment brighten bowl, etc. and click OK.
- 6. In the **Properties** panel, brighten the highlights with a curve as shown below.



Balancing the Color Saturation

- Some colors have become over saturated. To adjust them, choose Layer > New Adjustment Layer > Hue/Saturation.
- 2. Name the layer **balance color saturation** and click **OK**.

- 3. In the **Properties** panel, make sure **Colorize** is **not** checked and:
 - Set Saturation to -40.
 - From the menu that says Master, choose Reds.
 - Make Saturation -5 and Lightness +3.
 - Change the menu to Yellows and make Saturation +23 and Lightness -15.
 - Change the menu to Blues and make Saturation +20.
- 4. Too much of the tools' color saturation was lost. Paint **black** on the layer mask to give them back a more vibrant color. Refer to the example below as a rough guideline.



Adding Vignetting to Focus on the Subject

- 1. Choose the Elliptical Marquee tool O.
- 2. Drag from the upper left to the lower right corner of the image.
- Choose Select > Select and Mask. (This was called Refine Edge in older versions of Photoshop.)
- 4. Click on the **View** menu and double–click **On Black** so we get a better preview of how the effect will look.
- 5. Set **Opacity** to **100**.
- 6. Set Feather to 70.
- 7. Click **OK**.
- 8. To invert the selection hit Cmd-Shift-I (Mac) or Ctrl-Shift-I (Windows).

- 9. Cmd–Option–click (Mac) or Ctrl–Alt–click (Windows) on the layer mask on the reddish bowl, tools, & struts layer to subtract those areas from the selection.
- 10. Choose Layer > New Adjustment Layer > Curves.
- 11. Name it vignette and click OK.
- 12. In the **Properties** panel, drag the **White Point** (at the top right) straight down to **Input 255/Output 138**. If you don't see the Input and Output values, you may have to resize the Properties panel, making it taller.
- 13. With the layer mask still selected, use the **Brush** tool **/** to mask out the vignetting on other foreground elements whose tones you want to preserve, like the hanging tools and wheels.
- 14. Your image should be looking good! Save and close the file.

Masking Tips

- When creating a mask select the parts of a layer you want to see. Then, when you click the Add layer mask selected in the Layers panel, you'll see what was selected and everything will be masked out (or hidden).
- **Shift-click** a mask thumbnail to disable it without throwing it away.
- **Option-click** (Mac) or **Alt-click** (Windows) a mask thumbnail to view only the mask, not the image.
- **Option–Shift–click** (Mac) or **Alt–Shift–click** (Windows) a mask thumbnail to view it as a shaded color overlay, much like a Quick Mask.
- Remove a mask by dragging the mask thumbnail to the trash. Photoshop will ask if you want to **Apply mask to layer before removing**. In most cases, you'll want to choose **Discard**, to throw away the mask without affecting the image layer. (If you click **Apply**, Photoshop will delete the areas of the layer that had been hidden by the mask.)

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