

Cyber Risk Management & GRC: From Risk to Assurance (Self-Paced)

Self-paced governance, risk and compliance across ten modules, covering FAIR quantification, SEC materiality, risk registers, control mapping, and an applied GRC workshop.

Group classes in Live Online and onsite training is available for this course. For more information, email corporate@nobledesktop.com or visit: <https://www.nobledesktop.com/classes/cyber-risk-management-and-grc-self-paced>



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Course Outline

Module 1

- Risk Is the Business: Cyber Risk & GRC Foundations
- Defining GRC
- Cybersecurity risk versus enterprise risk via COSO and ISO 31000
- Assets, threats, vulnerabilities, likelihood and impact
- Emerging and AI-specific risk
- Inherent versus residual risk
- Risk and control owners

Module 2

- Set the Rules: Governance, Strategy & Accountability
- Policies, standards, procedures and guidelines
- Roles and responsibilities
- Risk appetite and tolerance
- Governance committees and decision authorities
- NIST CSF 2.0 Govern including the GV.SC supply-chain category
- Federal authorizing officials compared to commercial boards and audit committees

Module 3

- Find the Risk: Cyber Risk Assessment
- Scope and context
- Critical assets and business dependencies
- Threat sources and threat-event scenarios
- Vulnerabilities and predisposing conditions

- Likelihood and impact
- NIST SP 800-30 compared with ISO/IEC 27005:2022

Module 4

- Make the Call: Risk Analysis, Quantification & Response
- Interpreting results
- Prioritization
- Acceptance, avoidance, mitigation, transfer and sharing
- Qualitative ratings versus quantification
- The FAIR model and FAIR-MAM
- Escalation
- SEC materiality determination

Module 5

- From Findings to Action: Risk Registers & Treatment Plans
- The risk register per NIST IR 8286A Rev. 1
- Writing risk statements
- Causes, events and consequences
- Risk owners
- Staging risks for enterprise risk management per IR 8286C Rev. 1
- POA&Ms and their basis in OMB Circular A-130

Module 6

- Controls Change Risk: Security Controls & Frameworks
- Purpose of controls
- Administrative, technical and physical
- Preventive, detective, corrective and recovery
- Selection and tailoring
- Common, system-specific and hybrid
- Implementation versus effectiveness
- The NIST SP 800-53 Rev. 5 Release 5.2.0 families

Module 7

- Trust but Verify: Compliance, Assessment & Assurance
- Risk management versus compliance
- Control objectives
- Internal versus independent assessment
- Objective evidence
- Examine, interview and test methods per SP 800-53A
- Deficiencies and findings
- Compensating controls and exceptions

Module 8

- Risk Beyond Your Walls: Third-Party & Supply Chain Risk
- Enterprise-level third-party oversight distinguished from acquisition-level C-SCRM
- Supplier criticality

- Supply-chain threats
- Security requirements in acquisitions
- Flow-down to subcontractors
- DORA as a regulator-mandated example

Module 9

- Risk Never Stands Still: Monitoring, Metrics & Reporting
- Continuous monitoring as a risk activity
- Control effectiveness per SP 800-137A
- Key risk indicators versus key performance indicators
- Thresholds and escalation triggers
- Dashboards including quantified loss exposure
- Board communication per the NACD handbook

Module 10

- From Analyst to Advisor: GRC Risk Workshop
- Applied exercise on a fictional organization covering scenarios, quantification, register entries, control gaps, third-party risk, a materiality call, and a defended treatment recommendation